

# Activity Calendar

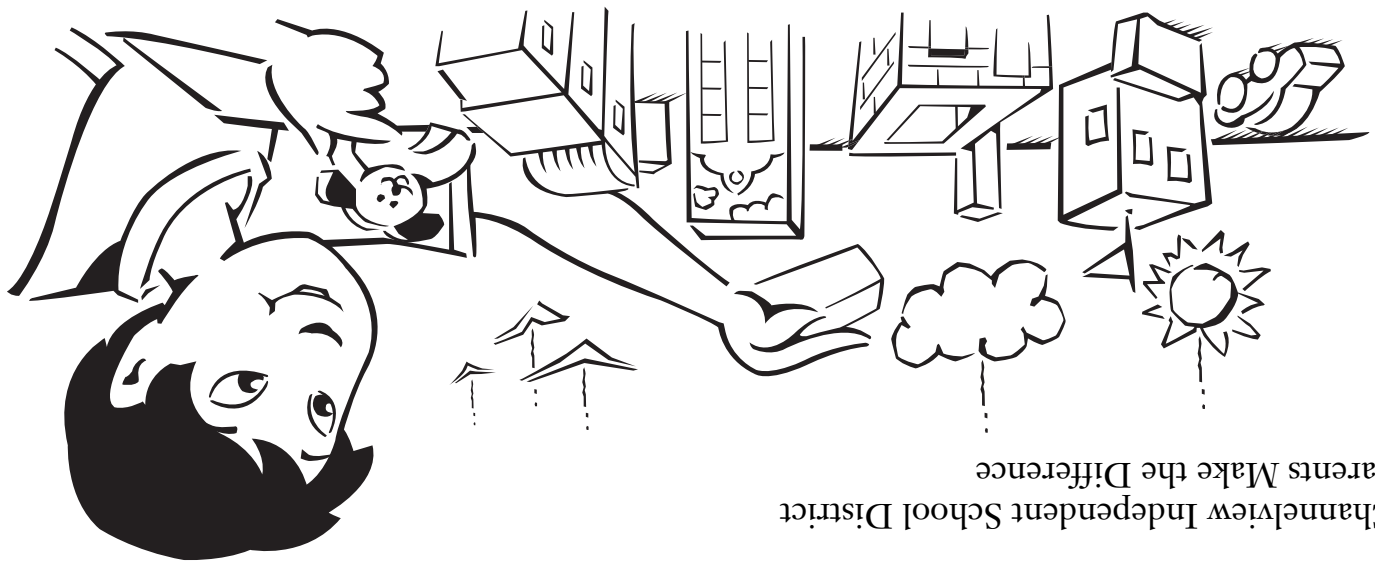
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Together, go for a walk at night. Observe the nighttime sky with your child. What do you see?	<b>2</b> Write your child's name on paper today. See if he can pick out any letters or tell him what they are.	<b>3</b> Make a story block. Paste pictures on all sides of an empty carton. Make up stories to go with the pictures.	<b>4</b> Watch an educational show with your child. Afterward, talk about what is real and what is pretend.	<b>5</b> Teach your child the "Golden Rule"—treat others as you would like to be treated.	<b>6</b> After a bath, let your child make wet footprints on colored construction paper. What do they look like?	<b>7</b> Talk about the difference between night and day. Have your child draw a night picture and a day picture.
<b>8</b> Cut the tops off three carrots. Place them in a dish with a half cup of water. Water daily. Measure as they grow.	<b>9</b> Help your child write and send a postcard to a friend. Decorate it with markers or crayons.	<b>10</b> Teach your child about what is "heavy" (rocks, metal spoons) and what is "light" (feathers, cotton balls).	<b>11</b> Go outside and watch as the wind moves through the trees and bushes. What sound does the wind make?	<b>12</b> Read the comics with your child. Choose one. Ask your child to tell you what is happening in the picture.	<b>13</b> Let your child decorate a paper lunch bag using crayons. Attach a string handle and you have a kite.	<b>14</b> Fingerprinting helps build fine motor skills. Encourage your child to make a design. Post it where everyone can see it.
<b>15</b> Have a "square day." Have your child point out all the square-shaped objects she sees today.	<b>16</b> Plan an indoor picnic for the spring days to come. Let your child bring some favorite books to read.	<b>17</b> Talk to your child about all of the things that are associated with spring (flowers, picnics, rain, sunshine).	<b>18</b> Plan a green dinner. Serve foods such as celery, green beans, lettuce or green apples.	<b>19</b> Tape strips of crepe paper to your child's wrists and let him move around the room, pretending to be the wind.	<b>20</b> Today is the first day of spring. Talk to your child about the four seasons.	<b>21</b> Set up a well-lit corner with favorite books and pillows. Encourage your child to get cozy with her books.
<b>22</b> Poke holes in egg carton cups. Fill with soil. Plant two seeds in each. Keep them wet and well-lit. What happens?	<b>23</b> Go for a nature walk to celebrate spring's arrival. If allowed, pick some wild flowers to put in a vase.	<b>24</b> Trace your child's hand on paper. Think of ways to be a "helping hand" Write his ideas on the drawing.	<b>25</b> Put as many shoes as you can find into a pile. Mix them up. Encourage your child to sort them into pairs.	<b>26</b> Let your child retell a favorite story with "finger puppets" as characters.	<b>27</b> Put together a costume box for your child. Include old clothes, hats, scarves and shoes.	<b>28</b> Bake cookies together! You can use cookie cutters or the rim of a drinking glass to cut different shapes.
<b>29</b> Rhyme words for your child and see if she can join you. Examples: fly, bye; book, cook; show, grow.	<b>30</b> Ask your child to pick up his toys. Have him look at a clock at the beginning and end of the job. Did it change?	<b>31</b> Make today a "round" day. Have your child point out all the round-shaped things she sees.	<h2>March 2009</h2>			

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>April 2009</h2>			<b>1</b> Let your child help set the table for dinner. Let him practice counting out forks, plates or cups.	<b>2</b> Help birds build a nest. Collect bright fabric scraps. Put in a mesh bag and hang on a tree.	<b>3</b> Place a cork in a tub of water. Watch it float. Place a clear plastic cup over it and push down. What happens? (It sinks.)	<b>4</b> Ask your child to check the weather and make a drawing of it on paper.
<b>5</b> Teach your child the saying, "April showers bring May flowers."	<b>6</b> Have a purple day. Wear purple clothes. On a nature walk, look for purple blooms. Serve grape juice.	<b>7</b> Make your child laugh! Tell a joke, read a funny story or poem, sing a silly song or draw a cartoon.	<b>8</b> Help your child toss rolled-up socks into a basket. Say "In!" when a sock lands inside.	<b>9</b> Mark off inches on the side of a clear jar. Set outside. After two weeks, check how many inches of rain you've had.	<b>10</b> Have a "pat-tern" day. Ask your child to notice patterns around her, such as a striped shirt or a flowered sheet.	<b>11</b> Pack a picnic and eat outside. Let your child find flowers or a budding tree to sit by.
<b>12</b> Talk about the parts of a plant. Pointing out leaves, stem and roots is plenty of detail for most preschoolers.	<b>13</b> Tell your child we learn when we try new things. Today, serve a new food or take a new route home.	<b>14</b> Open a fruit that has seeds inside, such as an orange. Explain that fruit grows from seeds.	<b>15</b> Make an obstacle course for your child. Example: He could go around a chair, under a table, through a box.	<b>16</b> As your child gets ready to go out on the next rainy day, help her name rain gear items, such as "umbrella."	<b>17</b> Teach your child some baby animal names—kitten (baby cat), puppy (dog), cub (bear).	<b>18</b> Discuss ways that different farm animals help us. For example: Cows give us milk; sheep give us wool.
<b>19</b> Take your child on an early-morning walk to look for birds and listen to their songs.	<b>20</b> Let your child pretend to be a flower seed curled up and waiting for spring. Have him start "growing."	<b>21</b> Tell your child a familiar story. Stop from time to time and ask her what comes next.	<b>22</b> Help your child think of an imaginary land. What would he name it? Make up a story about it.	<b>23</b> Insert four toothpicks horizontally in a potato and set on a glass of water. It should sprout in two weeks.	<b>24</b> Collect greenery such as leaves and grass. Brush glue on paper. Arrange the greens on top to make a "forest."	<b>25</b> Give your child some pieces of colored chalk and have her decorate your driveway.
<b>26</b> Stand facing your child. Have him pretend to be a mirror and imitate all your movements. Trade places.	<b>27</b> Read a story with your child. When you finish, ask her to tell you what happens, first, second and last.	<b>28</b> Teach your child to sing "Row, Row, Row Your Boat."	<b>29</b> Review safety rules for car trips such as wearing a seat belt and keeping arms inside the car.	<b>30</b> Cut pictures from magazines. Cut each in half. Encourage your child to match a top to each bottom.		

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Chamblview Independent School District  
Parents Make the Difference

# Calendar

## Early Childhood

# Activity

## Parent & Child

### Parent & Child

# Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>May 2009</b>					<b>1</b> Take a heavy round object and a light ball. Give each a strong push. Which rolls the farthest?	<b>2</b> Tap out a very simple rhythm with household instruments, such as spoons. See if your child can copy it.
<b>3</b> Talk about animals you might see in a zoo. What do they eat? Where do they sleep? Are they dangerous?	<b>4</b> Encourage your child to try two motor tasks at the same time. For example, clapping hands while walking.	<b>5</b> Take a hike around your neighborhood. Pretend you are in the mountains. What would you see?	<b>6</b> Help your child draw a face on a piece of cardboard, and glue to a popsicle stick for a "shape puppet."	<b>7</b> Show your child a penny, a nickel and a dime. Name them. Let him hold them and repeat the names.	<b>8</b> "I'd love to!" Use these words when your child asks you to play, read or do a puzzle with her today.	<b>9</b> Fill a small balloon partway with water and tie it. See if your child can gently toss it back and forth to you outside.
<b>10</b> Give your child an opportunity to play in sand. Many neighborhood parks have sandboxes. Bring a shovel!	<b>11</b> For memory skills, say: "I went to the store and bought bananas." Ask your child to repeat what you said.	<b>12</b> Ask your child how the sun helps us. (Makes plants grow, keeps us warm.) Can it harm us? (Sunburn.)	<b>13</b> Let your child help you measure and mix ingredients for a meal.	<b>14</b> Hide a familiar object. Tell your child you will say "hot" when he's near it and "cold" when he's far.	<b>15</b> Name the people in your family. Talk about which person is the oldest, youngest, tallest.	<b>16</b> Garden with your child today. Pull weeds, spread mulch, plant flowers.
<b>17</b> Let your child play with a rubber ball. Encourage her to bounce it and try to catch it.	<b>18</b> Read to your child from a book of nursery rhymes. Enjoy all your old favorites.	<b>19</b> Encourage your child to follow directions. Clap your hands, stomp your feet, jump up, shout "Hooray!"	<b>20</b> Tell your child a story. Ask him to listen for one word, such as "dog." Ask him to clap each time he hears the word.	<b>21</b> Look at what your child is wearing, and give directions such as, "Jump up if you have a red shirt."	<b>22</b> Ask your child what happens if you drop something. (It falls.) Explain that the earth pulls things to itself (gravity).	<b>23</b> Go outside and blow bubbles. Can you count them? What colors do you see in them?
<b>24</b> Have an ice cream cone with your child today.	<b>25</b> Help your child organize toys. Help him put all his trucks in one bin and the blocks in another.	<b>26</b> Visit the library and show your child a book about the ocean. Have her draw her own "ocean."	<b>27</b> Give your child a handful of beans. Ask him to give you "just one," then "just two" and so on.	<b>28</b> Talk about summer. What is the weather like? What can we do in summer? (Swim, ride bikes.)	<b>29</b> Make lemonade from eight lemons, two quarts water, one and one-third cups of sugar and ice.	<b>30</b> Cover a table with paper bags. Let your child "write" and "draw" with fingerprint.
<b>31</b> Read the comics together today.						